

Fall/Winter 2011

For more information, contact us at CIIRP, Hines VA Hospital, Hines, IL 60141, or (708) 202-8387, ext. 21256.

Sharon Helman, Hines
Hospital Director

Monica Steiner, MD,
Chief, Rehabilitation

Noel Grandas, MD,
Medical Director
Inpatient Rehab Unit

Jenifer Bednar-Sinde, RN,
Clinical Nurse
Manager

Stephanie Holub, LCSW
Social Worker

Fiscal Year 2011 Program Summary:

- **Total Admissions:**
218
- **Average Length of Stay:** 10 days (VA Avg: 18 days)
- **Average age:** 66
- **Males:** 98%
- **Females:** 2%
- **Impairment Groups:**
Ortho (51%)
Debility (17%)
Stroke (12%)
Cardiac (10%)
Brain (4%)
Amputee (3%)
Neuro, Spinal Cord,
Pulmonary
- **Discharge Destination:**
Community (94%)
LTCF (5%)
Rehab (1%)

Hines VA Hospital

Physical Medicine and Rehabilitation

Hines VA celebrates 90th anniversary

Edward Hines Jr. VA Hospital celebrated 90 years of dedicated service to our nations heroes. Historical displays, trivia contests, treasure hunt, and other activities were held during the month of October culminating in the grand celebration on November 2, 2011 attended by current and previous Directors.

From the Public Affairs Office:

Ninety (90) years ago, on October 24, 1921, the new Public Health Service veterans hospital, No. 76, located near Maywood, IL was officially designated as the Edward Hines, Jr. Veterans Hospital by the Secretary of the Treasury.

The Public Health Service (Treasury Dept.) and the Bureau of War Risk Insurance (Treasury Dept.) were tasked by Congress in 1918 with providing hospitals, sanitariums, and medical care for World War 1 veterans and Hospital No. 76 was one of them. The hospital was transferred to the Veteran Bureau in 1922, to the Veterans Administration in 1930, and to the Department of Veterans Affairs in 1989.

Contrary to popular belief, Hines is NOT named after General Frank T. Hines, VA's longest-tenured Administrator.

Hines was named after Edward Hines, Jr., son of the land donor for the hospital.



First Lt. Edward Hines, Jr. died while serving in France during World War 1. His father made the honorary name designation a condition of the land deal for the government's new veterans hospital.

The name was shortened to Hines in 1933. According to current available information, this was the first Federal civilian hospital designated with an honorary name.

A special send off



Skiing, snowmobiling, sled hockey, and soldiers...It is that time of year again!!

Hines Veterans will be leaving March 24 for Colorado to participate in the Annual National Veterans Winter Sports Clinic alongside coaches Sarah Ostrowski

and Lisa McKenna, and team nurse Ryan Madjos.

These Veterans will learn how to downhill and cross country ski, scuba dive, play sled hockey, and curl.

Bon Voyage and good luck!!



CARF has accredited Hines' Comprehensive Intensive Inpatient Program continuously since 1997

Hines VA Hospital

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A Physiatrist, or rehabilitation physician, is a nerve, muscle, and bone expert who treats injuries or illnesses that affect how you move.

Rehabilitation physicians are medical doctors who have completed training in the medical specialty of physical medicine and rehabilitation (PM&R). Specifically, rehabilitation physicians:

What is a Physiatrist?

- Restore maximum function lost through injury, illness or disabling conditions
- Treat the whole person, not just the problem area
- Lead a team of medical professionals
- Provide non-surgical treatments
- Explain your medical problems and treatment/prevention plan

The job of a rehabilitation physician is to treat any disability resulting from program disease or injury, from

Our Mission Summary

- *We embrace our veteran's healthcare needs one veteran at a time.*
- *Offer comprehensive services designed to serve individuals with activity and functional limitations who need rehabilitation to attain their full physical, psychosocial, educational, and vocational potential to return to the community.*
- *Further the field of rehabilitation through research activities and training rehabilitation professionals.*

sore shoulders to spinal cord injuries. The focus is on the development of a comprehensive program for putting the pieces of a person's life back together after injury or disease – without surgery.

Rehabilitation physicians take the time needed to accurately pinpoint the source of an ailment. They then design a treatment plan that can be carried out by the patients themselves or with the help of the rehabilitation physician's medical team.

This medical team might include other physicians and health professionals, such as neurologists, orthopedic surgeons, and physical therapists.

By providing an appropriate treatment plan, rehabilitation physicians help patients stay as active as possible at any age. Their broad medical expertise allows them to treat disabling conditions throughout a person's lifetime.

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From //www.aapmr.org/patients/aboutpmr/pages/physiatrist.aspx

Expansion of Clinical Programs

We are getting ready to have our very first Veterans get cochlear implants done here at Hines, the first week in February.

This is an extraordinary, life-changing procedure for our Veterans.

We also received approval recently to start Robotic Surgery utilizing the DaVinci Robot. All of you are part of these advances to ensure we continue to provide the best care to our Veterans.

We are first in our VISN to have this equipment. All of our clinical teams are anxious to get started utilizing this state-of-the-art equipment and start these services.



We're on the web!

<http://www.hines.va.gov/>



PM&R Staff Updates

New staff joining PM&R include Aaron Fosnaugh, Kinesiotherapist; and Vivian Holman, Occupational

Therapist.

Phil Chiaramonte has been appointed Chief of Kinesiotherapy.